

Breakout #1. What were your key take aways from your discussion?

Everyone has something to say, and it is not always easy to put words to it. People have the opportunity for connection and opportunity to learn and transform forward.

The key take away was that everyone has different perspectives. When we show respect we can show empathy for everyone and treat everyone as a human.

Takeaways for this Breakout session are that 50% have aligning thoughts on listening and connecting to people of differing views and the other 50% struggle due to the climate of 20/21.

Things that are valuable take time

Mediators are very confident, based on experience, that the mediation process can yield positive results.

Relationships lead to learning, immersive experiences and opportunities for peace.

Listen in a non-judgmental way

Not much unfortunately. Instructions were unclear and one participant dominated most of conversation talking about projects with Native American communities.

Barriers to inclusion. We/they. Who gets included? Are circumstances for inclusion limited or unlimited?

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Family Therapy and dealing with your children.
Christians ministry with the prayer of Jesus as the foundation. Mediation involving women and aspiring to do national mediation.

"Instead of looking at another's opinion/view as 'coming at me' and instead acknowledge it as 'going through me' I can be with their viewpoint rather than automatically rejecting it.

be open minded, straight forward and share as well listen to those around you.

Listening and learning what others need is the first step to solving issues.

Asking a great question enriches the listening process.