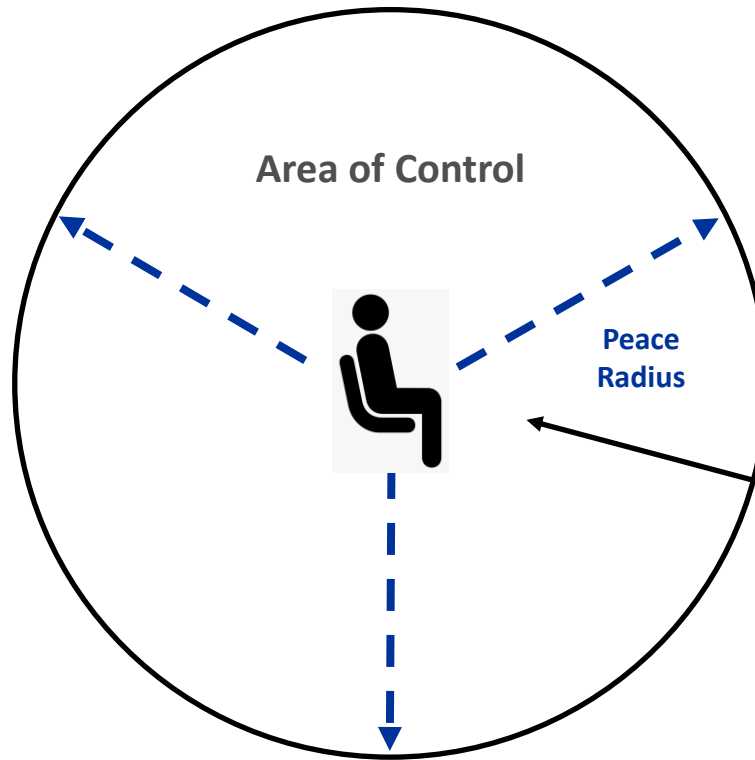




4th Annual
Pursuing Peace Conference
creating space to explore peace

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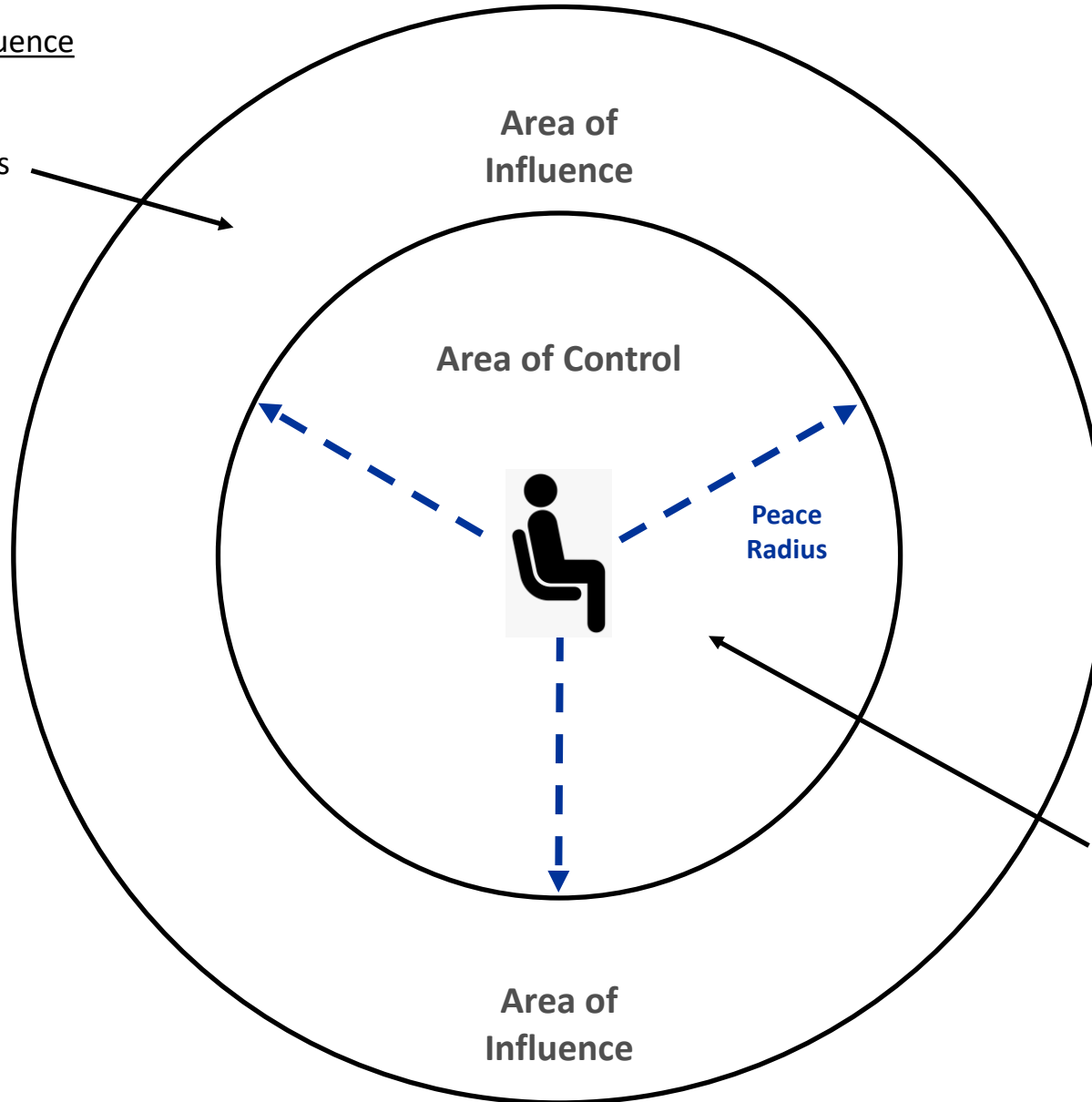


Area of Control

- My character
- My thoughts
- My words
- My actions
- My effort
- My self-talk
- My body language
- My attitude
- My decisions
- My reactions
- My gratitude
- My compassion
- ...etc...

Area of Influence

- My health
- My friends
- My coworkers
- Other people
- My schedule
- Policymaking
- ...etc...



Area of Influence

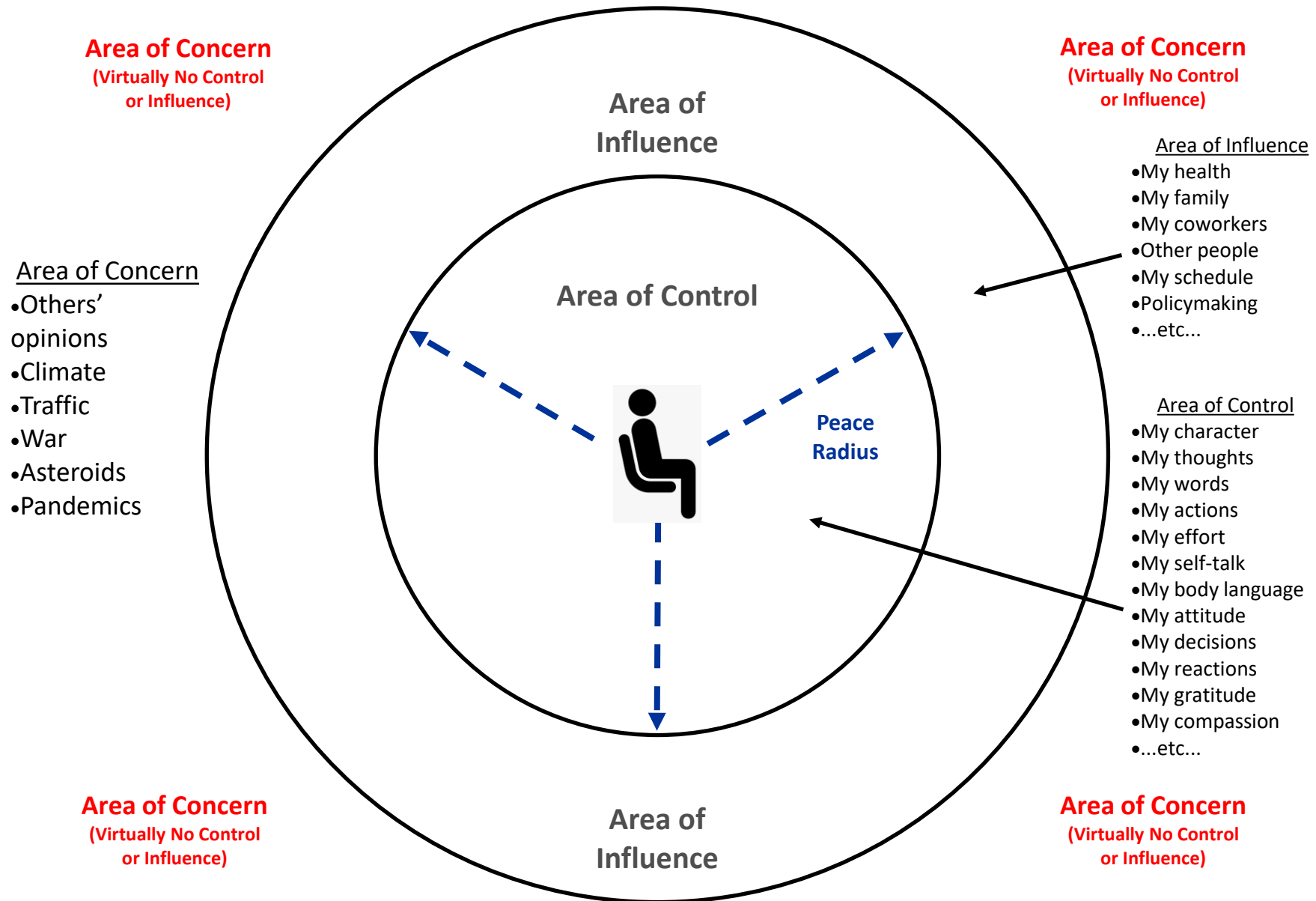
Area of Control

Peace Radius

Area of Influence

Area of Control

- My character
- My thoughts
- My words
- My actions
- My effort
- My self-talk
- My body language
- My attitude
- My decisions
- My reactions
- My gratitude
- My compassion
- ...etc...



Area of Concern
(Virtually No Control
or Influence)

Area of
Influence

Area of Concern
(Virtually No Control
or Influence)

Area of Concern

- Others' opinions
- Climate
- Traffic
- War
- Asteroids
- Pandemics

Area of Control



Peace
Radius

Area of Influence

- My health
- My family
- My coworkers
- Other people
- My schedule
- Policymaking
- ...etc...

Area of Control

- My character
- My thoughts
- My words
- My actions
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Area of Concern
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